

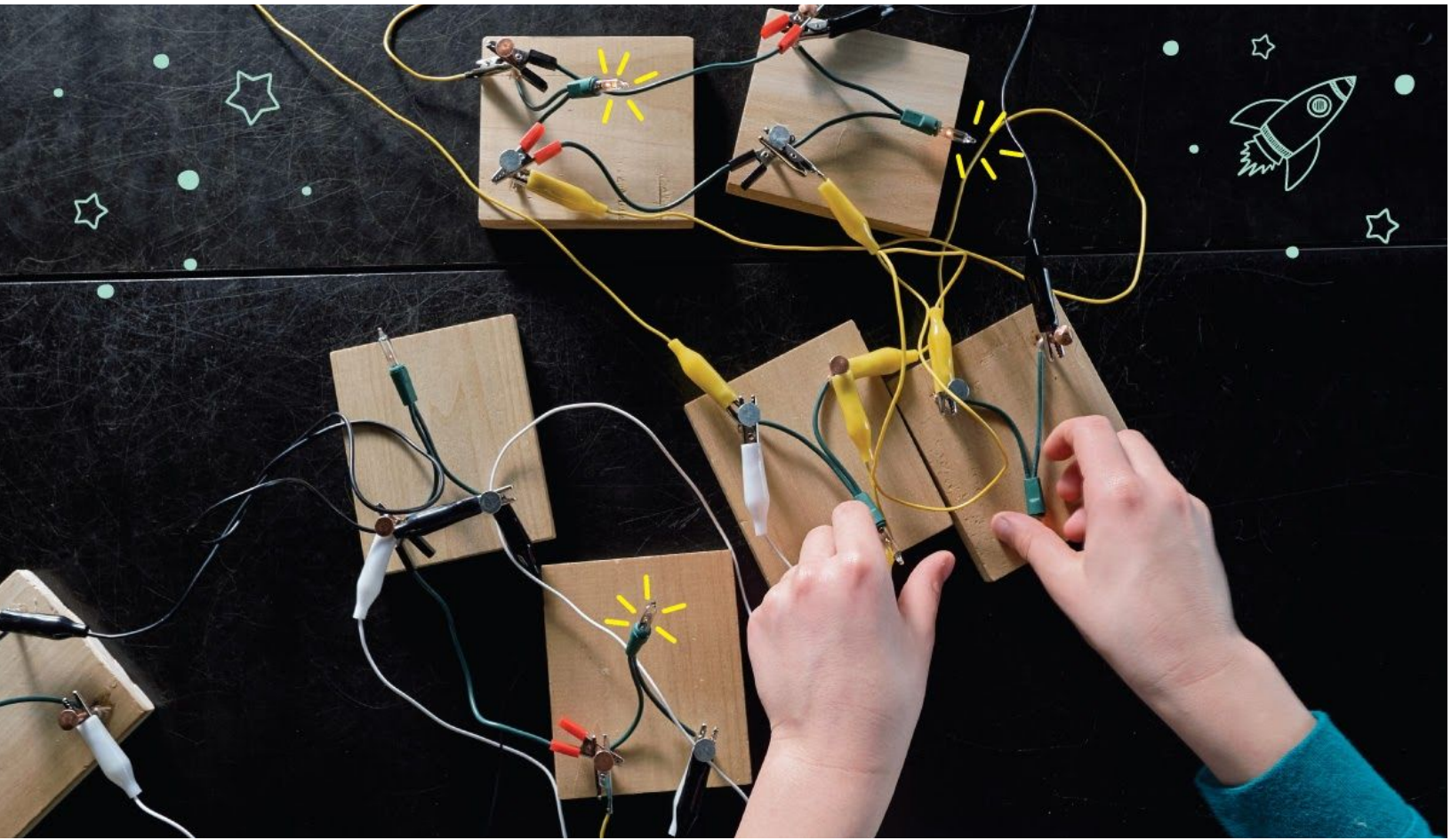


eCHOcamps

Family Handbook

Summer 2020

This is a living document.
Please **check back regularly** for changes.



Camp Changes: What you need to know	3
Daily Schedule	4
Morning Drop off	4
Health Screening at Drop Off	5
Afternoon Pick Up	7
What to Bring to Camp	7
Museum Reopening	7
Physical (Social) Distancing Strategies	8
Healthy Hand Hygiene	9
First Aid	9

Contacting Camp Staff

The best way to reach us is via email at camps@echovermont.org or by emailing Caroline at cfrigon@echovermont.org.

Emergency Contact/Lead Staff Cell Phone: (802) 503-8986

*Only for use during the camp day by guardians of enrolled campers

General Inquiries: (802) 864-1848 x134

*While staff work from home, voicemails will be responded to via email



Camp Changes: What you need to know

Currently, we have confirmation that **our camp can run under [strict guidelines](#)** (last revised May 28, 2020). We will only be able to move forward as planned if the State of VT continues to allow camps to run. **If we need to cancel camp, we will issue a full refund to all registrants; if you would like to withdraw your camper, let us know 4 weeks in advance** in order to receive a full refund. Keeping in mind these guidelines established for everyone's safety and well being, this year's camps will look quite a bit different than previous years.

Here are some key changes:

- Our **curriculum is designed to accommodate physical distancing** guidelines. Each week will be a "best of" selection of activities. We'll be incorporating more awesome science demonstrations, independent engineering challenges, and outdoor play.
- The camp day will run from **8:30am to 3pm**. Aftercare will not be available this summer so that our team has the capacity to meet & surpass state guidelines.
- Drop-off and pick-up will look different. **Parents and caregivers will not be allowed to enter the building. Caregivers are asked to wear masks at drop off and pick up.**
- Your camper will **need to bring a morning snack** in addition to a **nut-free lunch and a water bottle** - we will not be able to provide snacks to all of our campers. Please reach out if this is a challenge for any reason. We are here to help.
- **Staff will wear masks**, and we **strongly recommend that kids do, too**. It's going to be an adjustment, but we'd like everyone to try.
- *The VT Department of Health recommends that campers with health conditions that may put them at higher risk, such as asthma or diabetes, not participate in childcare/camp programs this summer. Please speak to your pediatrician.*



Daily Schedule

8:30-9:30	Drop off & Activity Choice
9:30-10:15	Morning Circle & Snack
10:15-11:00	Activity 1
11:00-12:00	Outdoor Group Games
12:00-12:45	Lunch and Break
12:45-1:15	Outdoor Sit Spots
1:30-2:30	Activity 2
2:30-3:00	Closing Circle
3:00-3:15	Pickup

**Schedule may vary. Outdoor activities are weather-dependent. Indoor activities may include live animal demonstrations, science experiments, engineering design challenges, or group games.*

Morning Drop off

Drop off is from 8:30-9:30. Ideally, the same parent or **designated person should drop off and pick up the child** every day. Anyone dropping off a child is **required to wear a cloth mask**. If possible, older people such as grandparents should not pick up their children, because they are more at risk for serious illness. **Parents and designated persons who are self-quarantining due to close contact with a COVID-19 positive individual should NOT do drop-off or pick-up.**

Drop off will occur at the rear doors of ECHO, on the west side of the building facing the lake. A staff person will be set up at a table to greet and orient your child.

Hand hygiene stations will be set up at the entrance of the facility so that children can wash their hands immediately upon entry.



Health Screening at Drop Off

Per state guidelines, ECHO will conduct a **Daily Health Check** for the child(ren) attending camps and the camp staff **upon arrival each day**.

We will ask:

- Have you been in close contact with a person who has COVID-19 or is exhibiting possible symptoms of viral respiratory illness? *(If yes for the camper or a close contact, camper will not be allowed to attend the program).*
- Have you traveled out of state within the last 14 days? *(If yes for the camper or a close contact, camper will be asked to observe state quarantine guidelines).*
- Do you feel unwell with any symptoms consistent with COVID-19? For example, have you had a cough, high temperature, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell? *(If yes for the camper or a close contact, the camper will be asked to observe state quarantine guidelines).*

A temperature screening will be conducted using the protocol provided below:

- Staff will wash hands and wear a cloth facial covering, eye protection, and a single pair of disposable gloves.
- Staff will check each child's temperature using a non-contact thermometer. *The thermometer will be cleaned routinely.*
 - If any physical contact occurs between staff and a child, the staff member will remove and discard gloves in between children.
- Staff will conduct a visual inspection of each child for signs of infection, which could include flushed cheeks, fatigue, extreme fussiness, etc.

Anyone who displays any of the above symptoms, has traveled out of state but not yet self-quarantined for the recommended duration, or has been in close contact with a person who has tested positive, is awaiting test results for COVID-19, or is exhibiting possible symptoms of COVID-19 will not be allowed into camp.

Anyone diagnosed with COVID-19, awaiting test results, or exhibiting possible symptoms must self-isolate until:

1. It has been 3 full days of no fever without the use of fever-reducing medication, and
2. Other symptoms have improved, and
3. At least **10** days have passed since symptoms first appeared.



If symptoms begin while at ECHO, the child will be sent home as soon as possible. Sick children will be separated from well children and staff contact will be limited while ensuring the safety and supervision of the child until they leave. If anyone in the camp program - or anyone who has had close contact with someone in the camp program - is sick and awaiting test results or tests positive for COVID-19, **ECHO Camps will close until it is safe to reopen.** We will communicate promptly and clearly with all families to indicate next steps.

Do not send your child to camp with any of the following symptoms:

Conjunctivitis/Pink Eye, Diarrhea, Chicken Pox, Head Lice, Heavy Nasal Discharge, Fever, Vomiting

Children who have been out with the following illness should return to camp using the following guidelines:

- Cold/Fever: 72 hours after the fever is gone
- Conjunctivitis: properly dated medication has been administered for 25 hours
- Chicken Pox: when the last sore is scabbed over and there is no oozing
- Head Lice: after prescription treatment and all eggs are removed
- Impetigo: 48 hours after medication has begun
- Measles: 5 days after swelling starts and a note from a physician
- Scabies: 24 hours after treatment has begun
- Strep throat: 24 hours after medication has begun (4 doses)
- Vomiting: 24 hours after stopped, able to tolerate food

If your child is sick and you would like assistance deciding whether to send them to camp, please email cfrigon@echovermont.org and camps@echovermont.org.



Afternoon Pick Up

Pick-up is from 3:00-3:15pm. Campers will gather their belongings and meet their designated adult on the lakefront terrace outside of ECHO, where they were dropped off in the morning. Children will be invited to play as they wait for guardians to arrive.

What to Bring to Camp

Each camper will need a backpack or bag containing:

- ☐ Refillable water bottle
- ☐ Sunscreen (ECHO cannot provide sunscreen)
 - ☐ Optional: hat, sunglasses, or other gear needed to be comfortable outdoors
- ☐ *Nut-free* snack and lunch
- ☐ Any medications (if needed)
- ☐ Hand lotion (optional but recommended - we will wash hands often)

Campers should wear **comfortable clothes, a cloth face covering, & gym shoes.**

If you anticipate that your child will need a comfort object or other coping tool - maybe a favorite book or a cozy sweatshirt for indoor time - please send that along as well. **ECHO staff are not responsible for any lost items.** Please leave toys and electronics at home - they may get damaged or mixed in with ECHO's camp supplies, which will make them difficult to retrieve.

All children will be given a set of fidgets/sensory toys to help support mental health and encourage "hands to ourselves" guidelines.

Museum Reopening

ECHO is planning a phased reopening:

June 27th: Open weekends with timed ticketing & capacity limits.

July 10th: Open Friday-Monday with timed ticketing & capacity limits.

Camp spaces will be deep cleaned before and after any weekend public access.

Campers and the public will never interact and will not share spaces (including restrooms).



Physical (Social) Distancing Strategies

Physical distancing is still the best way to slow the spread of the virus; although, it is recognized that this is frequently not possible in settings with young children.

1. There will be **no more than 23 individuals** (state guidelines say not more than 25) in ECHO's camp program each week, including staff.
2. The **same staff** will remain with the children **for the entire week**,
3. **Tables will be limited to two children** at opposite ends, with **assigned seats** for the week.
4. Activities will not require close physical contact between multiple children.
5. Use of manipulative toys and **shared resources will be limited**, and any use will be **preceded and followed by hand washing**.
6. Children standing in line will be **spaced apart** as much as possible.
7. We will provide **additional outside time** as much as possible, including time under the awning on the lakefront.
8. ECHO's facilities team will work to **maximize airflow** in the spaces occupied by campers.
9. There will be **no outside visitors and volunteers except for employees or contracted service providers for the purpose of special education or required support services**.
10. Caregivers will receive email updates from camp staff to support information sharing and physical distancing.



Healthy Hand Hygiene

All children and staff will engage in hand hygiene at the following times:

- Arrival to the facility
- Before and after preparing food or drinks
- Before and after eating or handling food
- Before and after administering medication
- After using the toilet
- After coming in contact with bodily fluid
- After playing outdoors
- After playing with sand and sensory play
- After handling garbage
- After cleaning

Hand sanitizer will be readily available.

Staff will guide campers through proper handwashing, and posters will be available to support following CDC guidelines for hygiene.

At a minimum, common spaces and frequently touched surfaces and doors will be cleaned and disinfected at the beginning, middle and end of each day.

First Aid

ECHO Camp staff are trained in pediatric First Aid and CPR. Staff will administer First Aid as needed and will write an incident report for any injuries requiring care. If a child is in need of emergency medical care, we will attempt to contact a parent/guardian in order to give you the opportunity to take your child to a physician. If we cannot contact a parent/guardian or any of their emergency contacts, or your child needs immediate attention, we will call 911.



Behavioral Pathways

We believe that children succeed best in a supportive, predictable environment. ECHO seeks to foster this environment in the following ways:

- By articulating clear and reasonable expectations
- By modeling positive behavior
- By reinforcing expected behaviors
- By redirecting misbehavior
- By listening to children and supporting them in solving their own problems
- By presenting choices
- By enforcing logical consequences
- By employing therapeutic breaks

Dismissal from Camp: If a camper is consistently behaving inappropriately, staff will communicate with guardians to make an action plan to address the behaviors. In order to maintain a safe environment for all campers, certain behaviors cannot be tolerated and will result in immediate dismissal from camp. These include but are not limited to bullying or harassment, violence, threats of harm to self or others, and repeated disruptive behaviors.

ECHO Camp staff members are mandatory reporters and will make reports to Child Protective Services in any cases of suspected child abuse and/or neglect. If families suspect ECHO of child abuse and/or neglect, they should report their suspicions to the Family Services Division of the Department for Children and Families at 1.800.649.5285.

Inclusion Policy: We seek to meet the needs of all of our campers, regardless of race, ethnicity, gender, or ability. We also recognize that you are the expert on your child. Please reach out to us at camps@echovermont.org to let us know how we can best support your child.