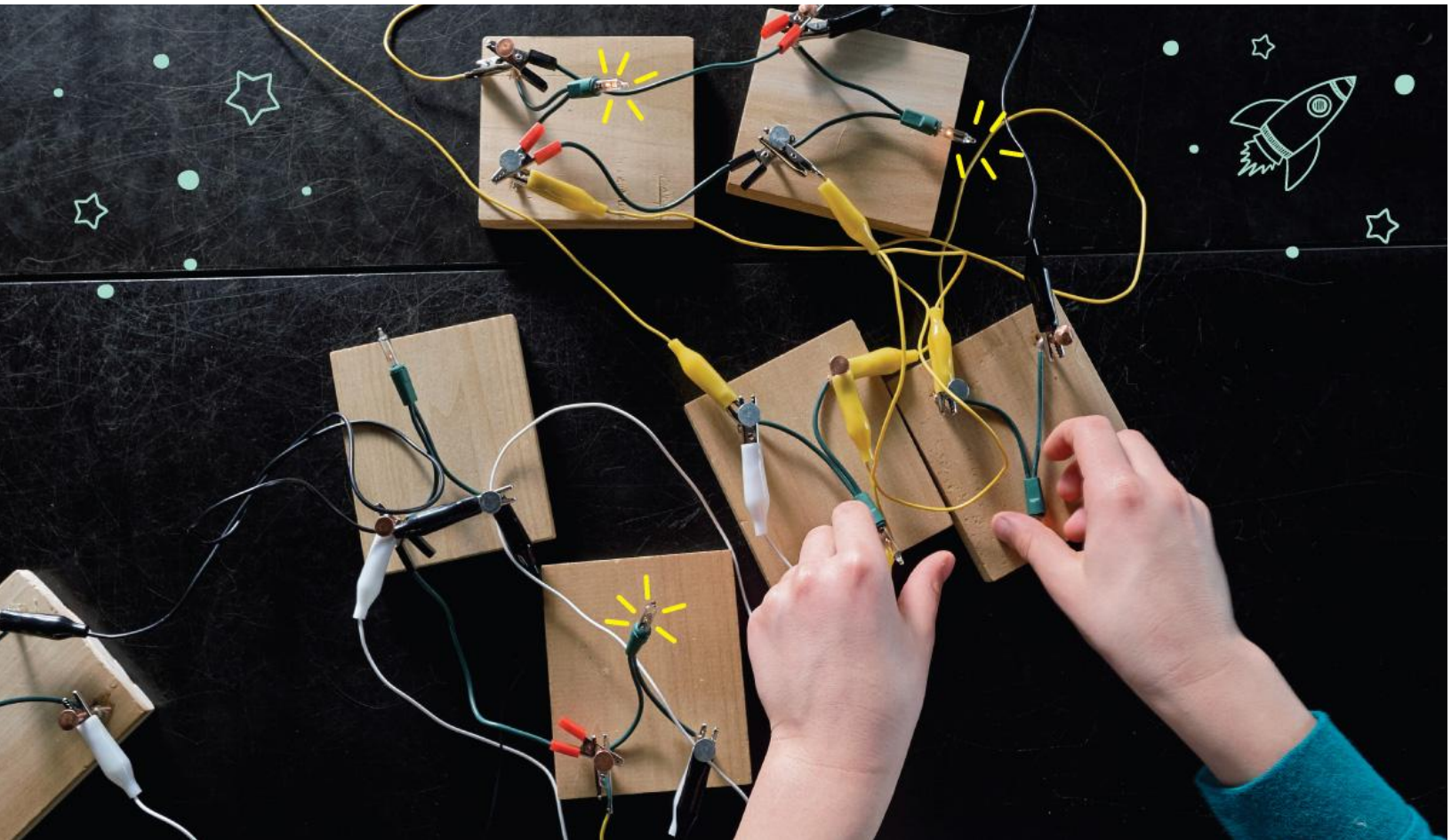


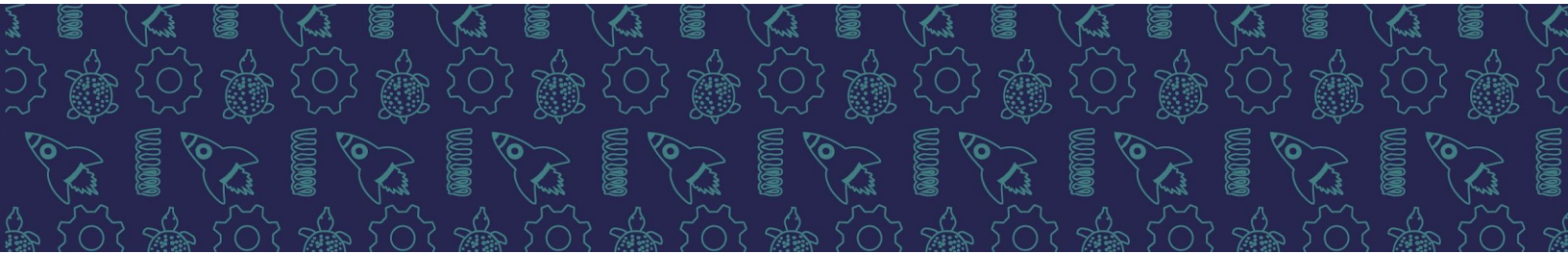


eCHOcamps

Family Handbook Vacation Camps 21-22

This is a living document.
Please **check back regularly** for changes.





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Contacting Camp Staff

The **best way to reach us is via email** at camps@echovermont.org.

Emergency Contact/Lead Staff Cell Phone: (802) 503-8986

Only for use during the camp day by guardians of enrolled campers

If your child tests positive for COVID-19 and was at camp during their infectious period (2 days prior to symptoms or positive test) please call (802) 503-8986.



Camp Changes: Key points

We will be following [state guidelines](#) established to keep our community healthy and safe. ECHO Camps strives to go above and beyond these guidelines. Please note the following protocols in place:

- Our **curriculum is designed to encourage physical distancing**
- The camp day will run from **8:30am to 3:30pm**. Aftercare will not be available so that our team has the capacity to remain with our campers for the entire duration of camp.
- **Caregivers are asked to wear masks** at drop off and pick up, which occur at the rear doors of the building closest to the lake.
- Your camper will **need to bring a morning AND afternoon snack** in addition to a **nut-free lunch and a water bottle** - we will not be able to provide snacks to all of our campers. Please reach out if this is a challenge for any reason. We are here to help.
- **Staff and children will wear masks.** Please pack 2 masks per day. Campers will be expected to wear masks except when eating. During snack and lunch breaks, campers will be seated at least 6' apart or will be outside.



Daily Schedule

8:30-9:30	Drop off & Free Choice
9:30-10:00	Morning Circle & Snack
10:00-11:00	Activity 1
11:00-12:00	Outdoor Exploration & Play
12:00-12:45	Lunch and Free Choice
12:45-1:30	Activity 2 or ECHO Explore
1:30-2:30	Activity 3
2:30-3:00	Afternoon Circle & Snack
3:00-3:30	Wrap-Up and Pickup

**Schedule may vary. Outdoor activities are weather-dependent. Indoor activities may include live animal demonstrations, science experiments, engineering design challenges, or group games.*



Stay Home if You Are Sick

Health Screenings

Staff and children and/or their families should complete an exposure and symptom screening before arriving at the program. Anyone who has been exposed to COVID-19 (unless vaccinated) or who has COVID-19 symptoms (regardless of vaccination status) should remain home, and should follow Department of Health guidance regarding quarantine and testing. **Temperature checks should be performed at home before departing for camp.** Individuals with a fever (100.4 or greater) should not come to camp. Children who demonstrate symptoms of COVID-19 will be sent home.

COVID-19 symptoms include the following:

Cough	Fever (100.4 or greater)	Shortness of breath
Chills	Nausea, vomiting or diarrhea	Muscle pain/body aches
Headache	Sore throat	Loss of taste or smell
Congestion/runny nose	Fatigue	

Do not send your child to camp with any of the following symptoms:

Conjunctivitis/Pink Eye, Chicken Pox, Head Lice, Vomiting

Children who have been out with the following illness should return to camp using the following guidelines:

- [Pediatric COVID Symptom Return-to-School Flow Chart](#)
- Conjunctivitis: properly dated medication has been administered for 25 hours
- Chicken Pox: when the last sore is scabbed over and there is no oozing
- Head Lice: after prescription treatment and all eggs are removed
- Vomiting: 24 hours after stopped, able to tolerate food
- Impetigo: 48 hours after medication has begun
- Measles: 5 days after swelling starts and a note from a physician
- Scabies: 24 hours after treatment has begun
- Strep throat: 24 hours after medication has begun (4 doses)

If your child is sick and you would like assistance deciding whether to send them to camp, please email cfrigon@echovermont.org and camps@echovermont.org.



Morning Drop off

Drop off is from 8:30-9:30. Anyone dropping off a child is **asked to wear a cloth mask.**

Drop off will occur at the rear doors of ECHO, on the west side of the building facing the lake. A staff person will be set up at a table to greet and orient your child.

Afternoon Pick Up

Pick-up is from 3:00-3:30pm. Campers will gather their belongings and meet their designated adult on the lakefront terrace outside of ECHO, where they were dropped off in the morning. Children will be invited to play as they wait for guardians to arrive.

What to Bring to Camp

Each camper will need a backpack or bag containing:

- Refillable water bottle
- Nut-free* snack and lunch
- Extra mask, if possible
- Sunscreen
- Optional: hat, sunglasses, or other gear needed to be comfortable outdoors
- Any medications (if needed)

Campers should wear **comfortable clothes, a mask, & gym shoes.** **If you are able to pack a backup mask, please do.** Many children chew or suck on masks, drop them on the ground, or tear the ear loops and we would prefer a reusable backup option. That being said, ECHO has a supply of backup children's masks if needed.

If you anticipate that your child will need a comfort object or other coping tool - maybe a favorite book or a cozy sweatshirt for indoor time - please send that along as well. **ECHO staff are not responsible for any lost items.** Please leave toys and electronics at home - they may get damaged or mixed in with ECHO's camp supplies, which will make them difficult to retrieve.



Physical (Social) Distancing Strategies

Physical distancing is still the best way to slow the spread of the virus, although it is recognized that this is frequently not possible in settings with young children.

1. There will be **no more than 25 individuals** in ECHO's camp program each session, including staff.
2. **Tables will be limited to two children** at opposite ends (tables are 6'), with **assigned seats** for the week.
3. Activities will not require close physical contact between multiple children.
4. Use of manipulative toys and **shared resources will be limited**, and any use will be **preceded and followed by hand washing**.
5. Children standing in line will be **spaced apart** as much as possible.
6. We will provide **additional outside time** as much as possible..
7. ECHO's facilities team will work to **maximize airflow** in the spaces occupied by campers.

Healthy Hand Hygiene

All children will engage in hand hygiene at the following times:

- Arrival to the facility
- Before and after eating or handling food
- After using the toilet
- After coming in contact with bodily fluid
- After playing outdoors
- After playing with sand and sensory play
- After handling garbage
- After cleaning



First Aid

ECHO Camp staff are trained in pediatric First Aid and CPR. Staff will administer First Aid as needed and will write an incident report for any injuries requiring care. If a child is in need of emergency medical care, we will attempt to contact a parent/guardian in order to give you the opportunity to take your child to a physician. If we cannot contact a parent/guardian or any of their emergency contacts, or your child needs immediate attention, we will call 911.

Cancellation and Refund Policy

If plans change and you need to cancel camp for any reason, you are eligible for a full refund until 4 weeks before the first day of your camp week. Cancellations made within 4 weeks of the start of camp are not eligible for a refund.

If, for any reason, ECHO is unable to run camps, a full refund will be issued to all registrants.

All payment is due at the time of registration. If your family needs financial assistance to attend ECHO camps, please visit our website at echovermont.org/camps to learn more about our scholarship program.

Please note: all available scholarship funds have been allocated for the summer of 2021.



Behavioral Pathways

We believe that children succeed best in a supportive, predictable environment. ECHO seeks to foster this environment in the following ways:

- By articulating clear and reasonable expectations
- By modeling positive behavior
- By reinforcing expected behaviors
- By redirecting misbehavior
- By listening to children and supporting them in solving their own problems
- By presenting choices
- By enforcing logical consequences
- By employing therapeutic breaks

Dismissal from Camp: If a camper is consistently behaving inappropriately, staff will communicate with guardians to make an action plan to address the behaviors. In order to maintain a safe environment for all campers, certain behaviors cannot be tolerated and will result in immediate dismissal from camp. These include but are not limited to bullying or harassment, violence, threats of harm to self or others, and repeated disruptive behaviors.

ECHO Camp staff members are mandatory reporters and will make reports to Child Protective Services in any cases of suspected child abuse and/or neglect. If families suspect ECHO of child abuse and/or neglect, they should report their suspicions to the Family Services Division of the Department for Children and Families at 1.800.649.5285.

Inclusion Policy: We seek to meet the needs of all of our campers, regardless of race, ethnicity, gender, or ability. We also recognize that you are the expert on your child. Please reach out to us at camps@echovermont.org to let us know how we can best support your child.