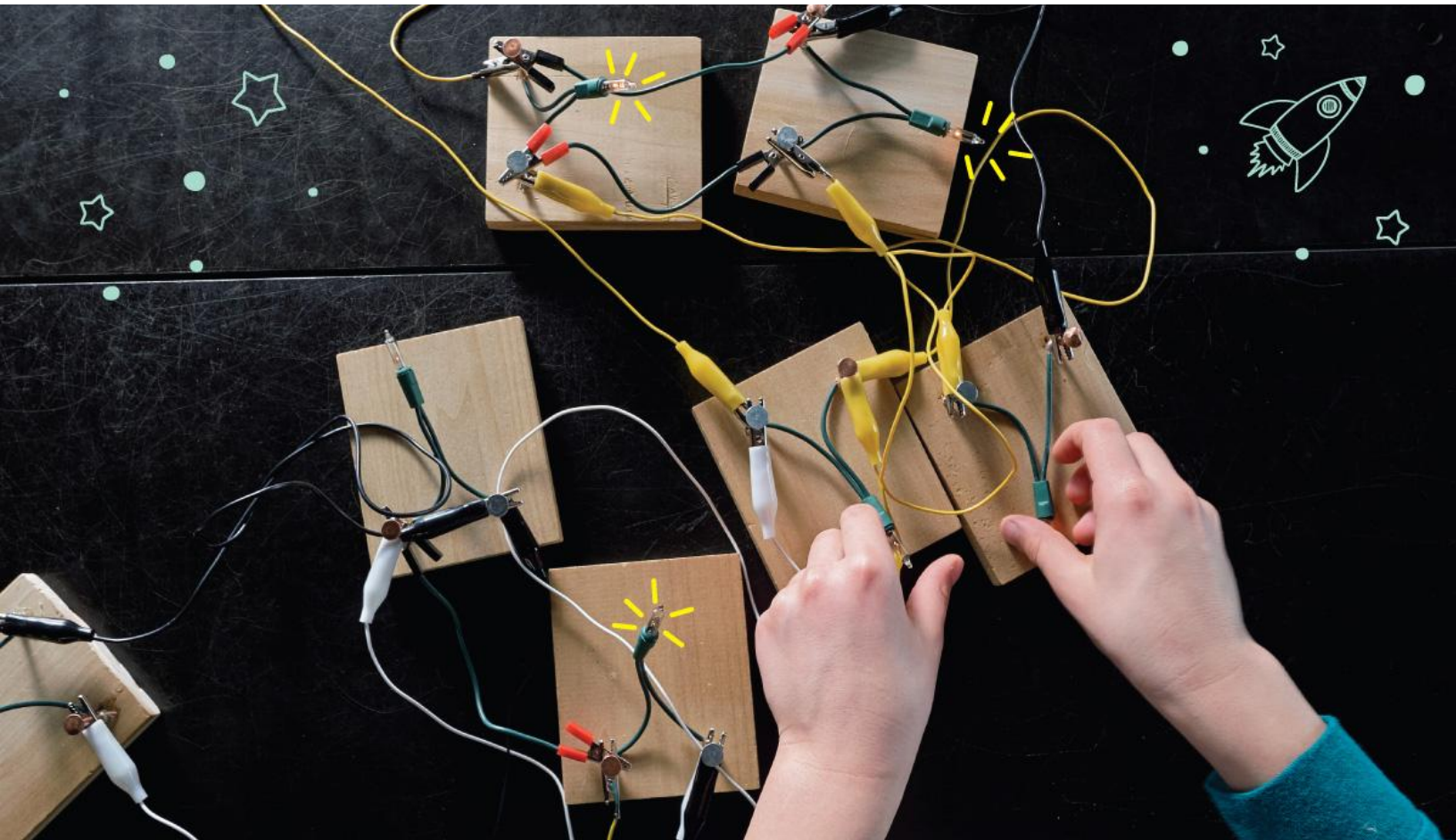


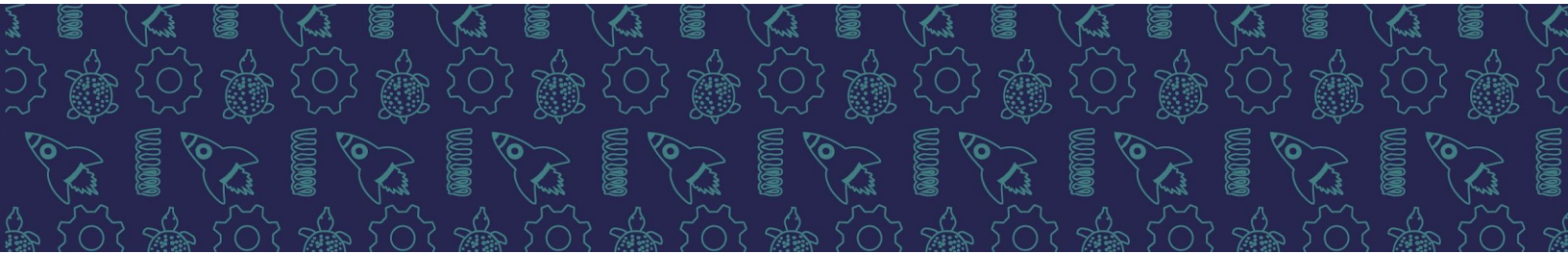


# ECHO CAMPS

## Family Handbook Summer 2022

This is a living document.  
Changes to camp policies related to COVID will be  
communicated with two weeks' notice.





Daily Schedule	3
Stay Home if You Are Sick	4
Morning Drop off	5
Afternoon Pick Up	5
What to Bring to Camp	5
Healthy Hand Hygiene	6
First Aid	6
Cancellation and Refund Policy	6
Behavior Pathways	7

## Contacting Camp Staff

The **best way to reach us is via email** at [camps@echovermont.org](mailto:camps@echovermont.org).

**Emergency Contact/Lead Staff Cell Phone: (802) 503-8986**

\*Only for use during the camp day by guardians of enrolled campers\*

**If your child tests positive for COVID-19 and was at camp during their infectious period (2 days prior to symptoms or positive test) please call (802) 503-8986 or email us at [camps@echovermont.org](mailto:camps@echovermont.org).**



## Daily Schedule

8:30-9:30	Drop off & Free Choice
9:30-10:00	Morning Circle & Snack
10:00-11:00	Activity 1
11:00-12:00	Outdoor Exploration & Play
12:00-12:45	Lunch and Free Choice
12:45-1:30	Activity 2 or ECHO Explore
1:30-2:30	Activity 3
2:30-3:00	Afternoon Circle & Snack
3:00-3:30	Wrap-Up and Pickup

*\*Schedule may vary. Outdoor activities are weather-dependent. Indoor activities may include live animal demonstrations, science experiments, engineering design challenges, or group games.*



# Stay Home if You Are Sick

## Health Screenings

Staff and children and/or their families should complete an exposure and symptom screening before arriving at the program. Anyone who has been exposed to COVID-19 (unless vaccinated) or who has COVID-19 symptoms (regardless of vaccination status) should remain home, and should follow Department of Health guidance regarding quarantine and testing. Individuals with a fever (100.4 or greater) should not come to care. Children who demonstrate symptoms of COVID-19 will be sent home.

## COVID-19 symptoms include the following:

Cough	Fever (100.4 or greater)	Shortness of breath
Chills	Nausea, vomiting or diarrhea	Muscle pain/body aches
Headache	Sore throat	Loss of taste or smell
Congestion/runny nose	Fatigue	

## Do not send your child to camp with any of the following symptoms:

Conjunctivitis/Pink Eye, Chicken Pox, Head Lice, Vomiting

Children who have been out with the following illness should return to camp using the following guidelines:

- Conjunctivitis: properly dated medication has been administered for 25 hours
- Chicken Pox: when the last sore is scabbed over and there is no oozing
- Head Lice: after prescription treatment and all eggs are removed
- Vomiting: 24 hours after stopped, able to tolerate food
- Impetigo: 48 hours after medication has begun
- Measles: 5 days after swelling starts and a note from a physician
- Scabies: 24 hours after treatment has begun
- Strep throat: 24 hours after medication has begun (4 doses)

If your child is sick and you would like assistance deciding whether to send them to camp, please email [Kate Brocato](mailto:Kate.Brocato) and [camps@echovermont.org](mailto:camps@echovermont.org).



## Morning Drop off

**Drop off is from 8:30-9:30 at the rear doors of ECHO**, on the west side of the building facing the lake. A staff person will be set up at a table to greet and orient your child.

## Afternoon Pick Up

**Pick-up is from 3:00-3:30pm.** Campers will gather their belongings and meet their designated adult on the lakefront terrace outside of ECHO, where they were dropped off in the morning. Children will be invited to play as they wait for guardians to arrive.

## What to Bring to Camp

Each camper will need a backpack or bag containing:

- Refillable water bottle
- Nut-free* snack (2) and lunch
- Extra mask if needed
- Sunscreen
- Sneakers
- Optional: hat, sunglasses, or other gear needed to be comfortable outdoors
- Any medications (if needed)

If you anticipate that your child will need a comfort object or other coping tool - maybe a favorite book or a cozy sweatshirt for indoor time - please send that along as well. **ECHO staff are not responsible for any lost items.** Please leave toys and electronics at home - they may get damaged or mixed in with ECHO's camp supplies, which will make them difficult to retrieve.



## Healthy Hand Hygiene

All children will engage in hand hygiene at the following times:

- Arrival to the facility
- Before and after eating or handling food
- After using the toilet
- After coming in contact with bodily fluid
- After playing outdoors
- After playing with sand and sensory play
- After handling garbage
- After cleaning

## First Aid

ECHO Camp staff are trained in pediatric First Aid and CPR. Staff will administer First Aid as needed and will write an incident report for any injuries requiring care. If a child is in need of emergency medical care, we will attempt to contact a parent/guardian in order to give you the opportunity to take your child to a physician. If we cannot contact a parent/guardian or any of their emergency contacts, or your child needs immediate attention, we will call 911.

## Cancellation and Refund Policy

If plans change and you need to cancel camp for any reason, you are eligible for a **full refund until 4 weeks before** the first day of your camp week. Cancellations made within 4 weeks of the start of camp are not eligible for a refund.

If, for any reason, ECHO is unable to run camps, a full refund will be issued to all registrants.

All payment is due at the time of registration. If your family needs financial assistance to attend ECHO camps, please visit our website at [echovermont.org/camps](https://echovermont.org/camps) to learn more about our scholarship program.

*Please note: all available scholarship funds have been allocated for the summer of 2021.*



## Behavioral Pathways

We believe that children succeed best in a supportive, predictable environment. ECHO seeks to foster this environment in the following ways:

- By articulating clear and reasonable expectations
- By modeling positive behavior
- By reinforcing expected behaviors
- By redirecting misbehavior
- By listening to children and supporting them in solving their own problems
- By presenting choices
- By enforcing logical consequences
- By employing therapeutic breaks

**Dismissal from Camp:** If a camper is consistently behaving inappropriately, staff will communicate with guardians to make an action plan to address the behaviors. In order to maintain a safe environment for all campers, certain behaviors cannot be tolerated and will result in immediate dismissal from camp. These include but are not limited to bullying or harassment, violence, threats of harm to self or others, and repeated disruptive behaviors.

**ECHO Camp staff members are mandatory reporters** and will make reports to Child Protective Services in any cases of suspected child abuse and/or neglect. If families suspect ECHO of child abuse and/or neglect, they should report their suspicions to the Family Services Division of the Department for Children and Families at 1.800.649.5285.

**Inclusion Policy:** We seek to meet the needs of all of our campers, regardless of race, ethnicity, gender, or ability. We also recognize that you are the expert on your child. Please reach out to us at [camps@echovermont.org](mailto:camps@echovermont.org) to let us know how we can best support your child.